

No.	Category	Group	Rupa Dhamma	Description
1	<b><u>The 28 Material Phenomena</u></b>	<b><u>4 Great Essentials</u></b>	Earth Element (Pathavi Dhatu)	The characteristic of this element is the hardness that can be felt in objects. It is considered as the main element which allows other elements to co-exist.
2			Water Element (Apo Dhatu)	This element has the functional quality to bind together all particles of matter. This element cannot be physically sensed.
3			Fire Element (Tejo Dhatu)	The characteristic of this element is heat. The temperature is what sustains the physical body and affects one's health.
4			Air Element (Vayo Dhatu)	It is the element of motion in all material phenomena.
5	<b><u>The 24 Derived Matter</u></b>	<b><u>Sensitive Phenomena</u></b>	Eye Sensitivity (Pasada Rupa)	This element is needed in order to perceive things using the vision sense.
6			Ear Sensitivity (Cakku Pasada)	It serves as the base for the arising of sota vinnana.
7			Nose Sensitivity (Sota Pasada)	It serves as the base for the arising of the nose consciousness.
8			Tongue Sensitivity (Chana Pasada)	It serves as the base for the arising of the tongue consciousness.
9			Body Sensitivity (Kaya Pasada)	It serves as the base for the arising of body consciousness.
10		<b><u>Objective Phenomena</u></b>	Visible Form (Rupam)	In essence it is the colour. Its function is the objective field of the eye consciousness.
11			Sound (Saddo)	Its function is the objective of the ear consciousness.
12			Smell (Dandho)	Its function is to be the object of the nose consciousness.
13			Taste (Raso)	Its function is to be the object of the mouth consciousness.
14		<b><u>Sexual Phenomena</u></b>	Femininity (Itthindriya)	A female body will carry the marks and signs of femininity.
15			Masculinity (Purisindriya)	A male will carry the marks and feature of masculinity.

16		<b><u>Heart Phenomena</u></b>	Heart Base (Hadayavatthu Rupa)	Has the characteristic of being the material support for the mind element and the consciousness.
17		<b><u>Life Phenomena</u></b>	Life Faculty	The vital power in all mental objects which supports the up keep of the impermanent beings.
18		<b><u>Nutritional Phenomena</u></b>	Nutiment (Ahara Rupa)	The material physical body of a being is nourished by edible food.
19		<b><u>Limiting Phenomena</u></b>	Space Element	It is the void region where the four great essential elements of Rupa do not exist.
20		<b><u>Communicating Phenomena</u></b>	Bodily Intimation (Kaya Vinnatti Rupa)	Through actions and gestures of the physical body which others would understand.
21			Vocal Intimation (Vaci Vinnatti)	The word of mouth spoken intentionally drives in the ideas or intentions of the people to the listeners.
22		<b><u>Mutable Phenomena</u></b>	Lightness (Lahuta)	This lightness refers to the light weight of the body felt when one feels well and healthy.
23			Malleability (Muduta)	This quality of Rupa removes the roughness or coarseness of matter.
24			Wieldness (Kammannata)	Its characteristic is flexibility favourable for any physical action.
25		<b><u>Characteristics of Matter</u></b>	Producing (Upacaya Rupa)	The arising of matter. It is the first arising of the material phenomena.
26			Continuity (Santati Rupa)	This refers to the arising of the rupa dhammas caused by passed Kamma.
27			Decay (Jarata Rupa)	Decay is the time period between the minor moments of birth and death.
28			Impermanence (Aniccata)	The death of the rupa dhammas. It is an inherent quality in all material phenomena that are conditioned.