**YMBA SENIOR PART (2) COURSE (YMBA BOOK 4)**

**DHAMMA CHAPTER (6): THE FIRST DISCOURSE-DHAMMA CAKKA PAVATTANA SUTTA**

**LESSON PLAN SP2-DH-06**

[Any suggestions to improve the plan or to make corrections will be gratefully received by Rahubadde Sarath-Chandra and Tanuja Sarath-Chandra]**[TELEPHONE 3278-9021, 3879-8015]**

**INTRODUCTION**

**The Story**

When the Buddha attained enlightenment he surveyed the world to see who would be able to understand his discoveries. He saw the five ascetics who were with him at the start now living in the deer park in Isipatana. For more than two weeks he walked until he reached the deer park. First the ascetics did not believe that their old friend was now a Buddha. With some convincing they listened. Some would hear the Dhamma and the others went for food. Venerable Kondanna was the first to attain Sotapatti. So the story continues.The story is not given in the book.

**Summary of the Discourse**

These are the main sections of the discourse:

1. The need to avoid the extremes of self indulgence and self torture
2. The four noble truths
3. The Noble Eight-fold Path (the fourth Truth) Then there is set of attributes of a person who has attained Sotapatti. This is important and should be kept in memory..

The ending is the expression of the joy of celestial beings who heard the Buddha.

The teacher needs to explain these clearly while the students read the chapter.

From page 87 the actual discourse in English is given. It is not necessary remember the discourse but it is vitall important to be able to describes the main contents.